King George V Recreation Centre (KGV) Fitness Centre Rules Terms and Conditions

By participating in KGV Recreation Centre's Fitness Centre, all individuals agree to by bound by the terms and conditions set out in these Rules, Terms and Conditions.

7 day cooling off period:

If you decide to withdraw from the membership during this period, you must do so in writing to kgv@cityofsydney.nsw.gov.au

Refunds / Membership Termination:

All requests must be made in writing to kgv@cityofsydney.nsw.gov.au. A termination fee of 30% of the remaining contract value, capped at \$200 applies to Ezypay Contracts & Prepay contract memberships. No fees and a 48-hour notification period apply to Ezypay Non-Contract memberships.

Time-Stops:

Are available for a minimum of 2 weeks and up to 3 months. EZYPAY Membership time-stops must be in increments of 2 weeks. Time-stops must be requested in writing to kgv@cityofsydney.nsw.gov.au PRIOR to leave being taken. Note: Time-stops will extend your contract by the period requested.

KGV Fitness Centre Rules:

- 1. All patrons must complete the pre-exercise questionnaire prior to entering the gym. If your medical/physical health status changes, please inform the gym by completing a new pre-exercise questionnaire for re-assessment.
- 2. Patrons who are not familiar with the operation of any piece of equipment should ask a Fitness Instructor for assistance. Fitness Instructors are not responsible for equipment misuse. See a Fitness Instructor to schedule a free equipment orientation.
- **3.** In the case of an accident, please notify a Fitness Instructor or nearest staff member immediately.
- 4. All gym users must use a towel on equipment at all times.
- 5. All gym users must register their visit with ground floor reception prior to working out.
- **6.** Appropriate workout attire is required. Closed-toed, athletic shoes must be worn at all times.
- 7. Bags & all personal belongings must be stored in a locker.
- 8. The Fitness Centre is not responsible for lost or stolen property.
- **9.** No food or drink allowed in the Fitness Centre except for clear liquids in resealable plastic containers.
- **10.** Personal training is not permitted by anyone except those approved by the Fitness Centre.

11. All members and trainers are not permitted to promote non KGV authorised Health & Fitness services to other members.

12. All members must demonstrate courtesy towards others and allow other patrons to work in with you between sets.

13. Please respect all equipment: do not drop dumbbells, plates or barbells, and return everything to its designated storage area after use.

14. Collars must be used on all free-weight barbell equipment.

15. Patrons not adhering to these rules may be asked to leave the premises.

Bi-weekly billing amounts	EzyPay Standard	EzyPay Concession
Non Contract	\$43.90	\$6.50
12 Month Contract	\$35.90	N/A
Permanent Locker Hire	\$12	N/A

Ezypay Periodic Billing Memberships & Permanent Locker Hire:

- **A.** The first fortnight's payment is charged upfront, with the remaining payments deducted via a nominated bank account. EZYPAY Pty Ltd are the company entrusted with our transactions. www.ezypay.com.au ph. 1300 300 553.
- **B.** Membership billed bi-weekly for the term of the contract period from a nominated credit card or bank account.
- **C.** Non-Contract membership cancellations need to be put in writing and cancellations will be processed within 48 hours with no further payments to be deducted.
- **D.** A one off EZYPAY set up fee of \$8.67 (subject to change without notice) will be charged by EZYPAY upon your first direct debit.
- **E.** Failed payments incur a \$17.33 fee (subject to change without notice) by EZYPAY. Your financial institution may also charge you a fee for failed payments.
- **F.** Memberships automatically expire at the conclusion of the selected contract period.
- **G.** For EZYPAY's full terms and conditions, please read the reverse side of your EZYPAY billing form (blue in colour).
- H. Ezypay charge \$3.00 data handling fee every 3 months

Pre-Paid Memberships:

Paid in full on the day you join the gym.

Multiple Visits Passes:

Paid in full on the day you join the gym. The visit pass expires 12 months from the date of purchase or once all visits have been used.

Health Privacy Protection Notice:

The purpose of collection of your personal information is to assist King George V Recreation Centre provide appropriate services to you. The intended recipients of the information are centre staff and fitness co-ordinators. The supply of the information is voluntary but failure to provide accurate details may lead to ill health. KGV reserves the right to cancel a membership if information supplied is false. Access / correction of information is available by writing to Centre Management or by Freedom of Information Application. The document will be stored at the KGV Fitness Centre in a locked storage facility. Complaints about breaches of your privacy must be in writing addressed to Council's Privacy Officer; Freedom of Information Officer, GPO Box 1591, SYDNEY NSW 2001

King George V Recreation Centre (KGV) Fitness Centre Rules Terms and Conditions

By participating in KGV Recreation Centre's Sporting Competitions, all individuals agree to by bound by the terms and conditions set out in these Rules, Terms and Conditions.

Disclaimer

- a. To the extent permitted by law, King George V Recreation Centre, its officers, employees, agents and contractors are not liable for any personal injury, loss or damage to property or financial loss (including payment of medical expenses) any individual may suffer whilst on King George V Recreation Centre premises or as a result of any activity undertaken at King George V Recreation Centre; and
- b. By participating in KGV Recreation Centre's Sporting Competitions, individuals accept that they do so at their own risk and accept that they waive and forego any legal right that they may otherwise have against the King George V Recreation Centre and or against its officers, employees, agents and contractors.

Safety

General Safety Guidelines

- a. All individuals must demonstrate a duty of care towards everyone including other individuals, players, officials, staff and spectators.
- b. Dangerous and reckless play will not be tolerated.
- c. The registration fee does not include personal accident/injury insurance cover. Individuals are encouraged to consider private health insurance options.
- d. All jewellery must be removed before playing, including studs and wedding rings. Taping is not allowed.
- e. Fingernails protruding past the fingertip must be cut or covered with gloves, not taped.

Outdoor Court Footwear Requirements

- a. Futsal moulded studded boots or artificial grass boots (not turf boots) are compulsory (plastic-studded footwear only)
- **b.** Staff and court officials reserve the right to refuse player participation due to unsafe, inappropriate or lack of footwear.

Drug and Alcohol

a. Drug and Alcohol

If a match official believes you are impaired by drugs or alcohol, you will not be permitted to play and may be asked to leave the Centre.

Rules and Modifications

Game Rules

- a. Rules are in accordance with KGV Sport Competition Rules, Terms & Conditions and the Official Rule Book:
 - Futsal, FIFA;
 - Basketball, FIBA;
 - Netball, ASN; and
 - Volleyball, AVF.

Rule Modifications

- a. KGV Futsal:
 - The ball cannot be played by a player on the ground, deemed when any other body part other than feet is touching the ground or going to ground i.e. sliding. The one exception is the keeper, who can play providing they abide by FIFA rules.
 - No time outs, clock runs on whistles.
- b. KGV Mixed Futsal:
 - Male players can only jockey a female in control of the ball. Indirect free kick from location of the attempt to play the ball. Keepers are exempt when the ball is inside the semi-circle.
 - Male players cannot make a scoring shot from outside the opposing third of the field. Restart by goal throw.
 - Penalties must be taken off one-step only for males; females may take a run up. Restart by goal throw.
 - The penalty spot for indoor is the top of the small basketball semi-circle (key).
- c. KGV Basketball:
 - Male player cannot block a female player in the act of shooting with any body part intentional or unintentional it will be deemed as goaltending.
 - The referee will adjudicate if the attempt is a genuine shot.
 - If a female player is fouled by a male player during act of shooting, the points will count, and a foul shot will be taken.
 - Males cannot steal the ball from females except in division 1.
 - Men cannot screen women outside of the 3-point line. Personal foul, side ball.

Uniforms

All teams must provide and wear their own uniforms for games, minimum standard 3 weeks.

- a. Basketball All players must have the same colour numbered jerseys. Numbers must be visible at all times.
 - Five-point penalty for each player not in the correct jersey
 - Players without numbered jerseys will not be allowed to play.
- b. Netball Teams must have complete set of bibs to play.
 - 1 goal penalty for each player not in the correct bib. (I.e. different colour bibs)

- If two or more players have the same positions on their bibs, only one will be allowed to play.

- c. Futsal All players must have the same colour numbered jerseys. Numbers must be visible at all times.
 - One goal penalty for each player not in the correct jersey
 - If a player is in the same colour as the opposition, they cannot play

- If two or more players have the same numbered jerseys, only one will be allowed to play

- Shin pads are compulsory
- Socks must cover the shin pads.
- d. Volleyball No uniforms required.

Game Times / Length

- a. Lunch: 11:30am-2:30pm games, 2 x 13 minute halves
- b. Evening: 6:00pm-11:15pm games, 2 x 20 minute halves
- c. Saturday: 9.00am-4.00pm games, 2 x 20 minute halves
- d. Volleyball Three sets played to 25, the third set will be played until 25 points are reached or 45 minutes elapses, whichever comes first. The set will be declared a draw if neither team has reached 15, otherwise the team, which is ahead after 45 minutes will be given the set.
- e. Game times will be published on the City of Sydney website noted above. Please note that these game times may change throughout the season due to delays caused by special events, maintenance and weather. Competitions may be extended, resulting in a delay to the start of the next competition. Please check game times on the day of play.

Commencement of Games

- a. Play can commence when all players on the court have signed on with their first and last name and number or position where appropriate. Players arriving after the commencement of the game must sign in or confirm that they are on the sign in sheet.
- b. If a player takes the court without signing on correctly the penalty shall be:
 - Basketball Team tech foul;
 - Futsal Penalty shot;
 - Netball One goal and centre pass to opposition; and
 - Volleyball 2 points and serve to opposition.
- c. Penalties apply for teams not ready to play at designated game time. The first point will be applied at the designated game time and are as follows:
 - Basketball 2 points per minute
 - Minimum 3 players to start game, maximum 3 male players in mixed competitions; - Futsal 1 goal per 3 minutes
 - Minimum 3 players to start game, maximum 3 male players in mixed competitions; - Netball 1 goal per minute
 - Minimum 5 players to start game, maximum 4 male players in mixed competitions; and
 - Volleyball 2 points per minute
 - Minimum 2 players to start game, maximum 4 male players in mixed competitions;
- d. A forfeit will be declared after 10 minutes of play has passed.

Clock Stoppages

- a. Netball, Volleyball and Futsal no stoppages during regular play.
- b. Basketball Clock will stop on every whistle and baskets in the final minute of the game if the scores are 7 points or less, final 2 minutes and scores are 10 points or less for grand finals.
 - Timeouts 1 x 30second timeout per half.
- c. Injury Stoppages Clock will stop for injuries.
 - For short injuries Clock will be restarted and game will continue as normal.
 - For long injuries Court supervisor will decide the time to be played or call the game off. (score will be as at the stoppage of play)
- d. Heat If the temperature is excessively hot, officials may impose mandatory stoppages during the game to help avoid injury.

Substitutions

- a. Volleyball During Rotations.
- b. Basketball On any whistle.
- c. Futsal At any time. Must be made within 3m of halfway and on the same side as the player's team bench. Substituted player must be off the field before being replaced.
- d. Netball At half time.

Additional Players

- a. A player can regularly play in one team per competition i.e. Wednesday night basketball
- b. If you wish to play in two (2) or more teams, you must apply in writing to the centre for permission. (Permission will not be given for two teams in the same division.)
- c. For Players who have not arranged this prior to the first game of the season, their first game for their second team will be deemed ineligible.
- d. For finals, players must have played four regular season games to be eligible.
- e. If a team does not have enough players to start the game, that team can use a maximum of two fill-ins. A loss will be recorded if that team has more than two fill-ins.
 - Fill-ins cannot be used to provide a team a substitute player.
 - Any fill-in used will attract a penalty on the scoreboard. This will be five points per fill-in for Basketball, Volleyball and Netball and two goals per fill-in for futsal.
 - Fill-ins can only be from a lower division. Only the lowest division can only have fill-ins from the same division.
 - Netball fill-ins are only allowed to play WA or WD
- f. Women cannot play in men's competitions nor men in women's competitions.

Policies

Technical Fouls/Red & Yellow Cards/Suspensions

a. KGV Recreation Centre has a 'ZERO TOLERANCE' policy concerning aggressive behaviour both physically and verbally towards all individuals.

- b. Any player ejected after two (2) yellow cards, or two (2) tech fouls will not be permitted to play their following game.
- c. Any player ejected will automatically miss their next game and the incident may be reviewed for a potentially longer suspension.
- d. Individuals who accumulate three yellow cards or technical fouls in a competition will be suspended from their next game.
- e. Teams accumulating five fouls/yellow cards will be penalised three competition points.
- f. Team technical fouls will be issued:
 - If any team has at any time more than the maximum allowed players on the court.
 - For badgering the referees by the bench players or team supporters.

Suspension

- a. A Zero Tolerance policy is applied towards any behaviour deemed dangerous, inappropriate, anti-social or aggressive. Such behaviour may result in game suspension or expulsion from competitions.
- b. The chart below explains the procedure that will be followed in these instances:



c. Serious Incidents including physical and verbal assault, racial abuse, sexual harassment etc. will be immediately reported to Police and Centre staff.

Game Cancellations

- a. KGV's Outdoor Futsal court is an all-weather surface, and the games will not be cancelled due to rain.
- b. In the event of extreme weather, KGV may need to cancel games due to safety. Staff will endeavour to give advanced notice.
 - Games cancelled for extreme weather (including lightning) will not be rescheduled and no refunds will apply; and
 - Cancelled games at/or after half time; the score will stand as the final score.

Forfeits

- a. Forfeiting teams will not receive any match points and will be deducted three competition points. The scorecard will read as follows:
 - 20-0 for basketball
 - 10-0 for Netball
 - 5-0 for Futsal
 - 3-0 for Volleyball
- b. Teams forfeiting 3 times in a competition, will be removed from the competition without refund and may not be accepted into future competitions.
- c. Teams who are forfeited against will not receive any credit or refund.

Grading Teams

The Centre reserves the right to move a team up or down a division based on its standings in previous competitions and performance in the first 4 weeks of a competition. In the case of regrading all points accumulated will be carried forward.

Final Results

Team captains must sign the scoresheet at the conclusion of games. Any discrepancy should be emailed to <u>KGVsports@cityofsydney.nsw.gov.au</u>

Refund Policy

- a. Registrations can be cancelled up to 14 days before the competition starts. We will refund you in full or provide a credit note.
- b. If a team withdraws from a competition within 14 days prior to the start of the competition or at any time after the competition starts, any fees paid will be non-refundable. We will not offer credit into other competitions.
- c. Applications for refunds must be made in writing via email to KGV at kgvsports@cityofsydney.nsw.gov.au
- d. If a fixture is cancelled and rescheduled (e.g. special event, maintenance) a refund will not be offered.

- e. In the event a cancelled fixture/s is not rescheduled (excluding extreme weather and medical emergencies), or a change in Terms and Conditions restricts participation, a prorata refund per fixture will be applied.
- f. We do not offer refunds for teams forfeiting against their own team (forfeits are managed in the relevant section of the KGV Sport Competition Rules, Terms and Conditions).
- g. We make every effort to ensure competitions run as scheduled. However, the City of Sydney reserves the right to alter the competition schedule at any time before or during the competition. No refunds will be provided in these situations.
- h. We reserve the right to cancel any competition if the required number of enrolments are not received. In these cases, we will provide a full refund or provide a credit note.
- i. If a team is removed due to non-compliance with the KGV Sport Competition Rules, Terms and Conditions, no refund will be offered.
- j. Refunds will be deposited into the account of which the original payment was made, and may take up to 21 days to process.